Lumbini Deluxe Tour

Best Season: All Season

Lumbini is situated about 350 km south west of Kathmandu. It was a beautiful garden during the rule of Shakya dynasty in southwest Nepal. Mayadevi Temple is one of the important sites in the Lumbini Garden with many historians and archaeologists referring to it as the place of birth of Lord Buddha. Inscriptions on the Ashoka Pillar also refers to the spot as his birthplace. It is said that here the newly born Prince took his first seven steps and gave a peace message to humanity.

This happened in the beautiful Sal grove, which is now the focal point of the Lumbini Garden. Mayadevi, the Queen of Shakya King Suddhodhana of Kapilvastu, while passing through the Lumbini Garden, on the day of Baishakha Purnima (full moon day of May in 623 BC) took a bath in the Pushkarini (the Sacred Pond) and soon after she took support of a tree branch, and gave birth to Prince Siddhartha, who became the Buddha.

Visit beautiful monasteries built by different Buddhist countries like China, Japan, Sri Lanka, Myanmar, Germany and observe the different architecture and prayer areas. Soak up the peaceful atmosphere and above all visit the Mayadevi Temple which dates back to 2,200 years, which archaeological evidence proclaim as the birthplace of Siddhartha Gautam or Lord Buddha in 623 BC. You can walk around the garden or find a peaceful meditative spot to contemplate. The focal point for pilgrims is a sandstone carving depicting the birth of the Buddha, reputedly left here by the Malla King Ripu Malla, in the 14th century, when Mayadevi was worshipped as an incarnation of the Hindu mother goddess. Another main attraction is the Ashokan Pillar, which was built by the great Indian Emperor Ashoka while visiting the birthplace of Buddha back in 249 BC.

One can visit the Panditarama Vipassana Center for some yoga and meditation and interact with the monks, who live in the vicinity of the monasteries, devoting their time to balancing the environment with religious worship. The Lumbini Garden covers an area of 2.56 sq km or 1 x 3 sq miles and encompasses three zones each covering one square mile connected with walkways and a canal. The area has subtropical monsoon climate with a warm wet season.

If you are planning on traveling to exotic places in South Asia looking to find some Nirvana, then do not miss Lumbini in Nepal.

The place to visit in Lumbini:
Mayadevi: The Mayadevi temple is the most important temple among the ancient heritages located within the Lumbini garden. The temple houses ancient idol of Mayadevi, the Birth Marker Stone and the ruins from 3rd century BC to 7th century BC. The interior of the temple has a heavenly peaceful environment that brings to life the clairvoyance from ancient time. Tourists love to take photographs of the treasure trove of the ancient artifacts. It takes 10 to 15 minutes on foot and 5 minutes by rickshaw to reach the Mayadevi temple from the
main entrance of Lumbini.

Ashok Pillar: The Ashok Pillar located within the Lumbini garden is regarded as an important historical heritage. Famous Maurya emperor Ashok of Magadh in India had ordered the pillar to be erected in 249 BC while on a pilgrimage following the advice of his spiritual teacher Upagupta. Emperor Ashok had erected the pillar along with a stone table that has inscription saying "Shakyamuni Buddha was born here". The pillar and the inscription stand as a testament of Lumbini being the birthplace of Lord Buddha. The Ashok Pillar has proven to the world that Lord Buddha was born in Nepal. The Pillar stands adjacent of the Mayadevi Temple.

Holy Pushkirini Lake: Prior to giving birth to Lord Buddha, his mother Mayadevi had taken a bath in the sacred Pushkirini Lake situated near the Ashok Pillar to the south. The ancient lake is a major attraction for tourists. It is traditionally believed that Lord Buddha was bathed with the water from the same lake after his birth.

Birth Marker Stone: The Stone Marker of Lord Buddha's birthplace is preserved within the Mayadevi Temple enclosed in a glass box. The marker stone precisely marks the birthplace of Lord Buddha. The marker stone was unscathed in 1996 AD during an archeological excavation.

Lumbini Museum: A museum has also been established at the Lumbini garden to preserve the historical artifacts like clothes, coins, idols, and other items related to Buddhism unearthed during excavations carried out around Lumbini in different times. Tourists can view these artifacts in the museum for study and research. The museum is frequently visited by those seeking information about Buddha. The museum is at a 10 to 15 minutes walking distance from the Eternal Peace Flame.

Idol of Mayadevi: The 3 feet tall idol of Mayadevi carved on a stone tablet is estimated to have been originated in the 4th century. The idol is located in the sanctum of the Mayadevi Temple. The carved figure over the stone tablet has however eroded and the carved figures have been obscured. The idol is also known as the Birth Idol as it depicts the birth of Lord Buddha. The idol shows Mayadevi learning to a tree while giving birth and there are two heavenly messengers waiting to receive Buddha. A figure of infant Buddha is at the center of the idol.

World Peace Stupa: The World Peace Stupa was constructed at Lumbini to spread the message of peace, friendship and goodwill in the world and to raise awareness to keep the earth pure and clean. The 41.5 m tall stupa is one of the major attractions of Lumbini. The stupa was constructed as part of the campaign by Japanese Buddhist preacher Fucing to construct World Peace Stupa in different parts of the world. It takes 40 to50 minutes on foot and 25 minutes on a rickshaw to reach the World Peace Stupa from Mayadevi Temple. Very few tourist arriving at Lumbini miss a visit to the World Peace Stupa. The heavenly serene atmosphere around the stupa and the attractive pieces of art that adorn the Stupa entice the visitors.

World Peace Flame: The eternal World Peace Flame is a major attraction of the Lumbini garden located at the center of the garden. Tourists flock to observe the flame that is kept glowing uninterrupted 24 hours a day. The flame was lighted on 1st November 1986 AD by the then Prince Gyanendra Shah. The flame that represents peace and fraternity in the world was brought from the United States of America as part of the celebration of the International Peace Year. The eternal flame can be reached at the end of 10 minutes walk from the Mayadevi Temple.

Tilaurakot: Tilaurakot was the capital of the ancient Kapilvastu state of the Shakya dynasty. The site is important both historically and religiously. Siddartha Gautam had spent 29 yrs of his early life here. The archeologically important ruins of the eastern and western gates of the town going between 2nd to 4th century BC can still be seen. Tilaurakot is located 25 km west of Lumbini. There is a road to Taulihawa from Lumbini's Parsha a 5 km rickshaw ride from Taulihawa will take to Tilaurakot. There is, however, no facility of accommodation in Tilaurakot, Kudan, Niglihawa, Gothihawa, Sangrahawa, Devdaha are other important sites associated with Siddartha Gautam life.

Kudan: There are many historical sites around Lumbini and Kapilvastu associated with the life of Lord Buddha. Kudan is also one of such sites. This is the place where according to a popular belief, Lord Buddha met his father King Shuddhodan when he returned after attainment of Enlightenment. The place is located about 5 km south of Tilaurakot.

Devdaha: Devdaha the birthplace of Lord Buddha's mother Mayadevi and consort Vasundhara is located in
Rupandehi district. The region 56 km east of Lumbini was the capital of the Koliya rulers. There is a popular belief that Lord Buddha had visited the place 7 yrs after attaining enlightenment. The most tourist visiting Lumbini also visit Devdaha.

**Sangrahawa:** The Sangrahawa region that witnessed the massacre of thousand of Shakyas in the ancient time is an important historical site of Kapilvastu district. The region represents a dark chapter of history. The site is littered with ancient ruins and there is also a pond nearby. Sangrahawa is located 12 km north of Taulihawa.

**Itinerary**

**Day 01: Arrival at Lumbini and visit Lumbini**

After breakfast, transfer to domestic airport to fly to Bhairahawa. On arrival at airport transfer to the hotel, the birthplace of Lord Buddha, where has been revered as the place of holy pilgrimage. Lumbini has been included as a World Heritage Site by UNESCO. Today we visit Mayadevi temple, Ashoka pillar, Holy Pushkirini Lake, and Birth Marker Stone. back to the hotel and overnight.

**Elevation of Lumbini:** 150m/492ft  
**Transportation:** Airfare and private car/tourist bus as per group size  
**Fly Duration:** 1 hrs  
**Accommodation:** Buddha Maya Garden  
**Meal:** Breakfast and welcome dinner

**Day 02: Full Day sightseeing**

After breakfast, visit the important archaeological site, Tilaurkot, the ancient palace of King Suddodha (Siddhartha Gautam's father), where the Buddha spent his formative years as a Shakya Prince. Allow yourself for a moment to wander around and soak the atmosphere. The Kapilvastu Museum, the pottery, jewelry, and ornaments are gathered in-house. End up the remarkable tour in Tilaurkot by visiting the shrines, monasteries, and stupa near the sacred garden. After your sightseeing and study of the ancient history about the birth and settlement of Lord Gautam Buddha and his mother, at late night enjoy your farewell dinner with Going Nepal crew.

**Transportation:** Private car/Tourist bus as per group size  
**Accommodation:** Buddha Maya Garden  
**Meal:** Breakfast and farewell dinner

**Day 03: Departure**
Today is your last day at Lumbini. It is your free morning so you can have some shopping or explore any activities that you have missed. You have your breakfast at the hotel and in your time transfer to the Bhairahawa domestic airport and our trips end up here. Have a wonderful memory of this trip with us and plan ahead to your onward destination.

**Transportation:** Private car/Tourist bus as per group size

**Driving duration:** 30min

**Meal:** Breakfast

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### Additional Activity

City sightseeing

### Meals

Breakfast is included during an overnight at Lumbini

### Accommodation

Buddha Maya Garden hotel during an overnight at Lumbini

### Service Included

- Pickup and drop facilities
- Buddha Maya Garden hotel in Lumbini
- Experienced guide during the trip.
- Guide insurance and salary
- Government Tax

### Service Excluded

- Visa fees, Intl. airfare & all departure taxes
- Lunch and dinner in the city beside mentioned
- Travel and rescue insurance
- Personal expenses e.g. phone calls, laundry, hot shower, battery recharge, heating charge, bar bills & extra porters’ expenses
- Tips for driver, guides, and porters
- Any other expenses that are not included here.

### Important Notes

**Accommodation:**
Accommodation in Lumbini on BB plan. This tour is more designed for the Buddha Maya Garden hotel. The meals comprised of American, Nepali & Chinese cuisines. The meals served on breakfast during welcome and farewell dinner is included within the price. Snacks, mineral water is included but alcoholic beverages are not included within the price. During the stay in Lumbini, we provide 2 nights’ double sharing accommodation in
Buddha maya Garden hotels.

Trip gears suggestion:
Before starting the trip with us you need to be complete within yourself especially with the kit vital for sightseeing.

Tour Criterion:
Mostly we do arrange a trip with single supplement (except for some region most of the regions needs min. 2 persons). Before booking the trip, you make sure that you do have a group and then only we will arrange the trip on a huge scale as per your request.

Tour Head and Employees:
With an experience of a decade in the adventurous tourism, we do have our unbelievable teams of conductors and employees who are the backbone of this company inculcated with experiences and are highly professional with their technical expertise, proven safety measures records, solicitous judgment, and as well as support training styles and abundant personalities. Mostly we do have our field staff from the local area that covers from eastern to western Himalayan ranges, which backs the local people directly. As being local they have good knowledge of that respective region and they have good health fitness, can cope with the worst case scenario, as well experienced with a good team leading capabilities in the Himalayan region.

Emergency Evacuation Rescue Service (EERS) and Travel Insurance:
As we know that the trip can be canceled, or in those worst case scenario we need to be aware, so we highly recommend to purchase trip cancellation and travel insurance. This broad travel insurance offers you huge benefits including the coverage of trip cancellation and interruption, travel delays, loss of baggage and travel documents, baggage delay, medical expenses, and emergency assistance.

Climate and Weather:
A country with a diversified culture does have a diversified topography as well beginning from 60 meters to top of the planet 8,848 meters i.e. the top of Mt. Everest. We have arid season start from October until May and the rainy season (monsoon) from June to September. All season are better for the sightseeing but during the end of winter (end of March) is best for the clear tour.

Passport and Visa Necessities:
The foremost thing to confirm before traveling to this trek is to check your passport and its valid date. Passports must have at least 6 months’ validity just after ending date of your trip. We must need your copy of passport and its full details sent either by fax or scan. While staying in Nepal you will need a visa which can be gotten in advance from the Nepalese Embassy in your country or you can even get on arrival at the airport in Kathmandu (Conditions: Within a peak season you need to wait long in the airport to get your visa). The general list of Nepalese visa fee is mentioned below and you can even surf thoroughly this web link as (www.nepalimmigration.gov.np)

Fees charged while delivering a tourist visa by the Mission or entry point:
US Dollars 40 or another convertible foreign currency equivalent for 30days multiple entry visas.
US Dollars 100 or another convertible foreign currency equivalent for 90days multiple entry visas.
Notwithstanding anything written in clause (a) and (b), no visa fee shall be applicable to the passport holder of member states of the South Asian Association for Regional Cooperation (SAARC) for 30 days.
US Dollars 25 or another convertible foreign currency equivalent thereto for 15days multiple entry visas.

Required fees:
We need to have permission in many places in Nepal for a tour. Mostly the sightseeing tour of Nepal are listed in World Heritage list so, we need world heritages site entry permits. All these relevant entry fees are included/excluded in the given cost(according to a proposal) except the personal donations & contribution. Just in case of any such unassured conditions we will inform you if any additional fees are required or not before you make a booking with us.
Information on Health and Medical Evidence/Assistance:
We need to know about our health and the medical information during our Nepal Tour. As mentioned earlier our squads are well-experienced travelers and are achieving the traveler’s ambition since long. We are expert in the adventurous tour and the best thing is we all are from the Himalayan region with plenty of local knowledge as we have been guiding for a decade, which stands as a key factor to enunciate the standard service that we have been delivering to our clients. The utmost thing we believe is the client’s safety and satisfaction. We deliver the extraordinary series of quality services and we even take care personally of our clients during the pour trip. Each of our guides carries medical kit bag for any kind of worst-case scenario during our trip and all of them are trained medical assistance especially the “First Aid”.

Environmental Anxieties:
Our motto is sustainable development thus we are extremely sensitive to protect our nature i.e. environment and contributing to many environmental cleanup and nature saving campaigns. We do believe in “Tourism within Nature,” thus our responsible tourism conveys a good message to the locals and we vow and train them to do’s and don’ts, how to keep environment in perfect shape, how to eliminate environmental degradation etc. and how to conveys message to save environment and leads towards environment friendly society or country. The tourism industry has an obligation to protect and preserve the natural environment for future generations as well. These days many NGOs are collaborating with many tourism agencies and are much keen to save environment form doom. For example, Kathmandu Environmental Education Project (KEEP) (http://www.keepnepal.org) is helping to co-work with many trekking companies and this organization is also providing much useful training to our staffs and awareness program in the mountain.

Our Experience and Familiarity:
Going Nepal Pvt. Ltd. is a Govt. registered company based in Nepal and we have been working in adventurous travel in the Himalayas of Nepal. The operator of this company has more than a decade of experience in the relevant field of adventure tourism working, in fact initiating as a guide, adventure travel consultant and thus stabilizing own company. We are more dedicated to fulfilling our clients’ requirement and always sincere with client’s gratification and the utmost thing we always carry within us is the client’s satisfaction. We are also pleased to convey that many of our past clients who institute their trip in the Himalaya they wouldn’t hesitate to apprise you about our organization and about our professional organizing skills.

How to Book a trip?
If you have chosen your trip with our company, contact our head office either by email or phone to check the available dates (you may visit the updated departure date page of our sites as well, groups or any queries you have. We feel very pleased to help and reply promptly and responsively. Before your final decision, we will hold your booking.
Both advance payment and full payment are possible through the bank transfer or as per your comfort we do have a procedure pay through your Credit Card (VISA/MASTER CARD) along the details within the booking form. After you choose the process of advance payment in an appropriate way still we want a signed and completed booking form for the confirmation. Once we received a completed and signed booking form with the mentioned amount of payment, bookings will only be confirmed and we start looking forward towards our trip together.

Trip Information
Q: How long hours do I have to walk each day?
A: There is no fixed time to walk each day. From 2hours minimum to 7 hours’ maximum, you shall walk. Check the itinerary to see how long you shall walk each day.
Q: How difficult is the trek?
A: The walk into the Himalayas are never easy ones. You have to face the steep hills, sloppy trials, frequent climatic changes, and other several hindrances.

Q: How long does the trek last for?
A: As mentioned in the itinerary, the trek lasts for 12 days.

Q: What kind of food do I get there?
A: During a Tea House trek you will have breakfast and dinner in the Tea House, lunch will be eaten at one of the trail side restaurants. During a Camping Trek, all food will be cooked by our experienced cook. Every Tea House serves the traditional Nepali meal Dal Bhat (rice and lentil soup). All Tea Houses of our routes have a variety of different food items, such as rice, vegetables, noodles, potatoes, and soup. Many of them have western food on the menu. Soft drinks, snacks, and beer are available in most of the Tea Houses and trail side restaurants.

Q: Is it safe to eat during the trek?
A: Food safety is always a big concern and we take it very seriously. That is why we have chosen the cleanest and most hygienically kept Tea Houses for our roots. During a Camping Trek, our cook prepares safe and tasty meals from carefully chosen food items and only hygienic cleaning facilities are used.

Q: What are the sources of drinking water supply during trekking?
A: All Tea Houses have boiled water for trekkers. And on the trek, you will be provided with drinking water by your guide. The guide will make sure that water is safe for drinking.

Q: What is the best time for trekking?
A: Best time for trekking is autumn (October-November) and spring (end of February-April). Short treks and some Tea Houses treks can be done during the winter season as well.

Q: What is the weather like?
A: You need to be prepared for sudden weather changes while trekking. That’s why trekking equipment should be chosen carefully before the trip. Sudden rainstorms or snow are always a possibility which needs to be considered. The weather during the trekking season is somewhat more stable. We pay big attention to the weather forecast, so you will be told about weather prognosis and you will be given advises before the trek.

Q: What kind of clothes is needed for trekking?
A: Choosing clothes for trekking is very important. Please, check our trekking equipment list for details.

Q: What type of shoes should I have?
A: For shorter treks, comfortable tennis shoes or snickers is enough while longer treks require carefully chosen hiking boots which should be kind of strong, well-made but light boots. Shoes and boots are best to buy before arriving in Nepal. Proper fit is a must for boots and we advise you to wear your new shoes for some time before trek for your feet to feel absolutely comfortable during trekking.

Q: Should we bring all trekking equipment with us?
A: You can easily rent needed equipment for a reasonable price in Kathmandu before trek but it’s always preferable and more convenient to have your own equipment during trekking, so we advise you to bring equipment with you or to buy here as most of the outdoor equipment can be bought in Kathmandu in one of the many outdoor gear shops.

Q: What happens in the case of an emergency?
A: We are prepared for any emergency situation and know how to handle it. Our guides are trained in first aid and can deal with most of the basic ailments that occur during a trek. Every client should have his own insurance before coming to Nepal for the case of an emergency.

Q: What if I finish the trek before the time mentioned in the Itinerary? Will I be refunded the amount?
A: You may/may not be refunded the amount if u finish the trek before the time mentioned in the itinerary. If you are not refunded, the equivalent refund amount will be spent on other packages.

Q: Can I extend the day if I become unable to complete the trek on time?
A: Yes, you can extend day if you become unable to complete the trek on time. You will be charged necessary local charges accordingly.

Q: Do I have to share my accommodation?
A: Depending upon the availability of the room, you may/may not have to share your accommodation.

Q: How much weight of luggage can I carry?
A: You can carry light handbags with you. Porters are available to carry your luggage. A porter can carry up to 20kgs weight.

Q: Can I get my batteries recharged?
A: Yes, you can get your batteries recharged in some places.

Q: What about the phone? Does it work there?
A: Yes, the telephone service exists in the place you stay. However, the network might fluctuate from time to time during the trek.

Q: Do I have to carry a Passport, Money, Id with me during the trek?
A: Yes, you have to carry a Passport, Money, Id and Travel permit along with you during the trek.

Q: What is the risk of wild animals?
A: There is little risk of wild animals but our guide is experienced enough to deal with the situations so, no worrying there.

Q: What problems can arise on altitude?
A: Altitude sickness is a serious problem. We, having many years of experience in trekking and good knowledge of the problem, organize treks very carefully. The extra day of acclimatization is included in all our high altitude treks. Our guides are trained to spot any signs of altitude sickness and know how to deal with it.

Q: What if I get altitude sickness?
A: Altitude sickness is a very normal problem while trekking in the Himalayas. However, the guide can deal with the situation if it’s just normal. If the condition becomes critical, you can request chartering a chopper. Let the office know about it and we shall negotiate the price and proceed for rescue. You will be under very good medication in one of the best hospitals in the country. Your insurance is supposed to cover all the expenses of the rescue.

Q: What sort of experience do your guides have?
A: Our guides have many years of guiding experience in Nepal as well as Tibet. Most of them have been spending years exploring the country. Our guides are trained in first aid and know how to handle any situation. All our guides speak fluent English and happy to share their deep knowledge of the country and beauty of Nepal with you. We believe in and follow the idea that it’s not enough to take visitors to special places or special
cultures, we need to provide guides who can get people feel involved in what they are experiencing, explain it thoroughly and keep them entertained. Our main concern is to make your trip in Nepal safe, memorable and fun!