



## Contact Info

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## KAILASH MANSAROVER

### Includes

- Accommodation: Twin sharing accommodation as per the itinerary.
- Mansarovar, Dirapuk and Zuthulpuk (Dormitory rooms with common bathroom)
- Meals: Kailash part Full board Basis /Lhasa part BB Basis
- Guide: English speaking Tibetan guide throughout the journey
- Transportation: All transport as per the itinerary by van/bus
- Entrance Fees: All monastery entrance fees during the trek.
- Permits: All necessary documents and permits for the Kailash part, including Tibet Travel Permit.
- Transfer: Kathmandu to Kerung boarder drop
- Lhasa airport drop

### Excludes

- Insurance.

- Lhasa Lunch and Dinner
- Unforeseen Events: Costs arising from natural disasters, political disturbances, or other unforeseen
- events beyond our control.
- Personal Expenses: Expenses such as alcoholic beverages, laundry, telephone calls, and tips.
- Porter charge : Charges for porter and yak services during the Kailash Kora.
- Additional Services: Any services not mentioned under the included section.

## Itinerary

### 1: Day 1: Travel from Kathmandu to Kerung, Tibet

Journey through the stunning landscapes of Langtang National Park. Witness the natural beauty that

bridges the lush greenery of Nepal with the stark, rugged vistas of Tibetan Plateau.

- Elevation: 2,700 meters (8,858 feet)
- Travel Time: 7-8 hours
- Activities: Drive to Kerung Border, cross immigration, continue to Kerung Town.
- Accommodation: Hotel
- Meals : Breakfast/Lunch/Dinner

### 2: Day 2: Acclimatization in Kerung

Use this day to gently acclimate to the higher altitude. Explore the vibrant town of Kerung, where the

pulse of Tibetan life can be felt through its bustling markets and friendly locals.

- Elevation: 2,700 meters (8,858 feet)
- Activities: Light walks and cultural exploration.
- Accommodation: Hotel
- Meals : Breakfast /Lunch/Dinner

### 3: Day 3: Drive to Saga

Cross vast and mesmerizing landscapes that define the Tibetan plateau. The journey through Thong

La and La Lung passes provides breathtaking views of the surrounding peaks and valleys.

- Elevation: 4,640 meters (15,223 feet)
- Travel Time: 5-6 hours
- Accommodation: Hotel
- Meals: Breakfast /Lunch/Dinner

### 4: Day 4: Drive to Lake Mansarovar lake

Arrive at the sacred Lake Mansarovar, a place of pilgrimage attracting thousands of devotees

annually. Its crystal-clear waters reflecting the Himalayas create a perfect setting for spiritual

reflection and meditation.

- Elevation: 4,590 meters (15,059 feet)
- Travel Time: 6-7 hours
- Accommodation: Guest House
- Meals : Breakfast /Lunch/Dinner

### 5: Day 5: Drive to Darchen, Prepare for Kora

After the lake Manasrover Kora drive to Darchen serves as a gateway to the spiritual path of Mount

Kailash. Spend the evening preparing for the Kora, surrounded by some of the most spectacular

views of sacred mountains.

- Elevation: 4,670 meters (15,321 feet)

- Travel Time: 2 hours
- Accommodation: Hotel
- Meals : Breakfast /Lunch/Dinner

## 6: Day 6: First Day of Kailash Kora - Reach Dirapuk and Kailash Charan Sparsh

Darchen To Yamadwar by Drive 30 Minutes after Trekking

Begin the revered Kailash Kora, a journey through dramatic landscapes with a profound spiritual

essence. Reach Dirapuk and engage in the sacred act of touching Kailash Charan Sparsh, believed to

cleanse the soul and bring blessings.

- Elevation: 5,210 meters (17,093 feet)
- Travel Time: 3-5 hours trekking
- Accommodation: Guest House
- Meals : Breakfast/Lunch/Dinner

## 7: Day 7: Second Day of Kora - Zuthulpuk via Drolma La Pass

Challenge yourself on the trek to Drolma La Pass, the highest and most sacred point of the journey.

Experience a sense of accomplishment and spiritual renewal as you descend towards Zuthulpuk,

surrounded by the serene beauty of the Himalayas.

- Elevation: 5,634 meters (18,484 feet) at Drolma La Pass
- Travel Time: 8-9 hours trekking
- Accommodation: Guest House
- Meals: Brekfast /Lunch/Dinner

## 8: Day 8: Complete Kora and Return to Saga

Conclude your Kora with a profound sense of achievement and enlightenment. The return journey

offers time for reflection on the spiritual insights and personal transformations gained.

- Elevation: Return to 4,640 meters (15,223 feet)
- Activities: Finish Kora, drive back to Saga.
- Accommodation: Hotel
- Meals: Breakfast /Lunch/Dinner

## 9: Day 9: Saga to Shigatse (3,900m) (BB)

After the breakfast drive to Shigatse visit Panchen Lama's Tashilhumpu Monastery,  
Overnight at

Hotel

## 10: Day 10: Shigatse via Gyantse to Lhasa. 271Km (BB)

Full day picturesque drive crossing over Karola (5,010m), Kambala (4,749m), Colorful Yamdrok-Tso

Lake and the Tibetan lifeline river Brahma Putra (Yarlung Tsangpo) – Stay overnight at Hotel.

## 11&12: Day 11,12: Lhasa Full Two Day Sightseeing (BB)

Two full days sightseeing tour to Lhasa including Jokhang Temple, Barkhor Bazaar, And Potala

Palace Drepung & Sera Monasteries. Stay overnight at Hotel.

## 13: Day 13: Lhasa to Kathmandu (B)

After Breakfast drive to Airport fly back to Kathmandu or to your onward Destination

## Highlights

- Travel from Kathmandu to Kerung, Tibet. Acclimate to altitude in Kerung.
- Journey to Saga, crossing scenic Thong La and La Lung passes.
- Explore Lake Mansarovar, a sacred pilgrimage site with stunning Himalayan views.

- Undertake the Kailash Kora, a spiritual trek around Mount Kailash via Dirapuk and Drolma La Pass.
- Explore Lhasa's cultural treasures including Jokhang Temple, Barkhor Bazaar, and Potala Palace.

## Travel Information

- Visa: Visitors to Nepal must have a valid visa, which can be obtained on arrival at the airport or at a Nepalese embassy or consulate abroad.
- Currency: The official currency of Nepal is the Nepalese Rupee, and it's recommended to exchange money at banks or authorized exchange centers.
- Accommodation: The tour includes accommodation in various hotels and lodges throughout the trip. It's recommended to book accommodation in advance to avoid any inconvenience.
- Transportation: The tour includes private transportation for all transfers and sightseeing. However, the road conditions in Nepal can be challenging, and the travel time may be longer than expected.
- Health and safety: It's recommended to take necessary precautions for altitude sickness, carry sufficient water, and wear appropriate clothing and footwear for hiking and walking.
- Local customs: Nepal has its unique customs and traditions, and it's recommended to respect and adhere to them during the trip.
- Travel insurance: It's recommended to have travel insurance that covers medical emergencies and other travel-related issues

## Things to know

- Getting a Nepal Visa upon Arrival
- We will be there at the Airport to receive you before an Hour your flight lands,
- You will be greeted by enthusiastic Namaskar
- You will always welcome with warm charming smile
- If you are planning for a SIM card, you can get it in the Airport or office representative can assist you.
- Mention in the itinerary destinations Entrance fees for the world heritage site will be paid by GoingNepal.
- Most often you will be welcome by Tikka and khata.
- You should strictly remove the footwear before entering any religious areas.
- Nepal consist of Eight out of Ten highest peak of the Mountains in the world.

- Before bag packing it's always better to talk with your guide