# Contact Info



Location: Kathmandu Metropolitan City Ward No 22, Uttar Dhoka Marg, Lazimpat, Kathmandu, Nepal Telephone: +977 1 4419145 +977 1 4417230 E-mail: info@goingnepal.com goingnepal@gmail.com Office Hour: 9.00 AM to 05.00 PM Whatsapp Number: 9851032961

## MOHARE DANDA TREK

The treks are along scented forests of oak, rhododendron, and spruce and sometimes along exposed ridges that offer exhilarating views of Dhaulagiri, Annapurna south dead ahead, and the forked summit of Machhapuchre to the east. You have a long circuit lasting a week to Dhankharka, or you can do a shorter five days version of fast-tracking through Tikot or end your trek at Patichar via Lespar. Mohare Danda trek for developing a unique concept of ecotrekking that benefits the environment and development of the area.

## Includes

- Traditional welcome on arrival with Nepali scarp or Garland
- Airport to Airport transfers by private vehicle as per the group size.
- Tourist Bus fare (Kathmandu-Pokhara-Kathmandu)
- Vehicle transfer (Pokhara-Galeshwor) (Tiplyang-Pokhara)
- 02 mineral water each day while on a city tour or traveling outside Kathmandu.
- 1- Full day Kathmandu City sightseeing with the service of a licensed guide.
- 1- Half day Pokhara City sightseeing with the service of a licensed guide
- 03-nights' accommodation in Kathmandu on Twin sharing on a BB basis
- 02-nights' accommodation in Pokhara on Twin sharing on a BB basis
- Breakfast is included in Kathmandu and Pokhara

- Necessary Trek guide, Porter along with their Allowance
- All meals and accommodation (Breakfast, Lunch, and Dinner) while trekking
- Welcome and Farewell dinner in Kathmandu
- Monumental areas entrance fees while sightseeing Tour in Kathmandu and Pokhara
- Necessary Permits for Annapurna Region
- Applicable 24.3% Govt Taxes
- Fulltime assistance

## Excludes

- International Air ticket
- Nepal Entry Visa Fee
- Travel Insurance with coverage for Covid19
- Meals except those mentioned above
- Expenses of a Personal Nature i.e. beverages, and other services except those mentioned in the itinerary
- TIPs, Donations and gratuities

#### **Itinerary**

#### Day 01: Arrival in Kathmandu

Arrive at Tribhuvan International Airport in <u>Kathmandu</u>. Welcome, meet, and assist our Going Nepal representative & transfer to the hotel. Welcome drink followed by tour briefing. Rest of the day you can rest inside the hotel premises or Half day sightseeing can be arranged (Depending on the flight timing). In the evening Welcome dinner with the Going Nepal crew inside the hotel or Nepali typical restaurant. Overnight at the hotel and prepare for your trip to Pokhara and Mohare Danda trek.

- Elevation of Kathmandu: 1363m
- Transportation: Private Vehicle

- Driving distance: 20-25min drive to Hotel
- Meals plan: Welcome Dinner
- Accommodation: 3-Star Hotel

#### Day 02: Drive from Kathmandu to Pokhara

Breakfast and check out from the hotel. You will be dropped off at the bus station, and catch a tourist bus to Pokhara. Distance from <u>Kathmandu</u> to <u>Pokhara</u> is 200 km and takes about 6-7 Hours depending upon traffic and road conditions. After reaching Pokhara, directly move to the hotel, check-in, and rest. Later in the evening, you can visit the lakeside and enjoy your time. Dinner can be done on the lakeside or at the Hotel. Prepare for your trek and Overnight at the hotel.

- Elevation of Pokhara: 800m
- Transportation: Tourist Bus
- Driving Distance: 6-7 Hours
- Accommodation: 4-star hotel
- Meal: Breakfast

#### Day 03: Drive from Pokhara to Galeshwor & trek to Bans Kharka

Breakfast at the hotel, check out and We'll head northwest today to the village of Galeshwor. It's about a three-hour drive from Pokhara along the Kaligandaki River's bank. We'll make it to Galeshwor. When we arrive in Galeshwor, we begin our journey to Bans Kharka. After about 4 hours of walking from Galeshwor, we will reach Bans Kharka. Bans Kharka is a lovely Magar village. We'll spend the night in Bans Kharka at a homestay. Dinner and overnight.

- Elevation of Bans Kharka: 1525m
- Driving Distance: 3 Hours
- Trek Distance: 3-4 hours
- Accommodation: Tea/Guest house
- Meal: Breakfast, Lunch, and Dinner

#### Day 04: Trek from Bans Kharka to Nagi Village Trek (2300m)

We will arrive at Nagi Village after passing through lush forests, breathtaking landscapes, and small Magar settlements. Nagi village is well-known for being the birthplace of Mr. Mahabir Pun, the pioneer of wireless Internet in Nepal. Trekking to Nagi Village provides breathtaking views of the Dhaulagiri range, Annapurna south, Nilgiri south, and other peaks. Next, we'll go to Nagi, a Magar village, to see the organic farm school. Finally, we will spend the night at Nagi's eco-community lodge.

- Elevation of Nagi Village: 2300m
- Trek Distance: 5-6 hours
- Accommodation: Tea/Guest house
- Meal: Breakfast, Lunch, and Dinner

#### Day 05: Trek from Nagi Village to Mohare Danda

Today we will leave Nagi Village and trek to Mohare Danda. The trail to Mohare Danda ascends while providing breathtaking views of Annapurna South (7219), Dhaulagiri (8167), Machhapuchre (6997m), Tukuche (6920m), and Nilgiri (7061m). Mohare Danda is a small hill station with an elevation of 3320 meters. The sunset view from this vantage point is truly breathtaking.

- Elevation of Mohare Danda: 3320m
- Trek Distance: 5-6 hours
- Accommodation: Tea/Guest house
- Meal: Breakfast, Lunch, and Dinner

#### Day 06: Trek from Mohare Danda to Tikot Village

Today is one of our Nagi Village Trek's most exciting and memorable days. The day begins with a breathtaking sunrise. Mohare Hill will also provide us with views of the majestic mountain peaks. After breakfast, we will make our way downhill through the vibrant rhododendron forest. Tikot village is reached after a 6-hour downhill trek. Tikot is one of Nepal's most beautiful Magar villages. We'll spend the night at a homestay. We can interact with the locals by staying in a homestay. We learn more about their lifestyle and culture as we interact with them.

- Elevation of Tikot Village: 2210m
- Trek Distance: 5-6 hours
- Accommodation: Tea/Guest house
- Meal: Breakfast, Lunch, and Dinner

Day 07: Trek from Tikot Village to Tiplyang (1040m) then drive to Pokhara

Today we will trek further down to Tiplyang village. Tiplyang is a beautiful village situated to the southwest of Annapurna massif and the bank of Kaligandaki river. Upon

arrival at Tiplyang, we will take a drive to Pokhara. We will stay overnight at the hotel in Pokhara.

- Elevation of Pokhara: 800m
- Driving Distance: 3 Hours
- Trek Distance: 3-4 hours
- Accommodation: Tea/Guest house
- Meal: Breakfast, Lunch, and Dinner

Day 08: Sunrise view and Half day Pokhara tour

Early morning Sarangkot sunrise view, back to Hotel and Breakfast at the Hotel and proceed half day tour of Pokhara city. You will explore Davis Falls, Gupteshwor cave, and Tibetan camp and end your day by boating in Phewa lake. Dinner can be done on the lakeside and overnight at the hotel.

• Meals: Breakfast

Day 09: Drive to Kathmandu

Breakfast at the hotel and check out. You will be transferred to the Tourist bus station in Pokhara where you will be catching a bus to Kathmandu. Travel through the same highway and reach Kathmandu. Lunch will be served in a highway restaurant. After reaching Kathmandu, drive to the hotel and rest for the day. Overnight at the hotel.

• Meals: Breakfast

Day 10: Full-day Kathmandu city tour

Breakfast and proceed for Full day Kathmandu city tour. You will be able to see <u>Patan</u> <u>Durbar Square</u>, <u>Kathmandu Durbar Square</u>, and <u>Swayambhunath</u>. After finishing the trip, drive back to the hotel and rest. Later in the evening farewell dinner with the Going Nepal crew members in a typical Nepali restaurant. Overnight at the hotel.

• Meals: Breakfast

Day 11: Departure

Breakfast and check out from the hotel. Check all of your belongings before departure. Timely transfer to the Tribhuwan International airport

• Meals: Breakfast

## Highlights

- An alternative trail in the Annapurna region
- Moderate level of difficulty.
- Trekking-type Community house and local tea house
- Trekking trail with fewer people
- Views of the sunset and mountain vistas are breathtaking.
- Walking through the pristine rhododendron forest Learn about the indigenous Magar people's lifestyle, culture, and cuisine.
- Heartwarming hospitality of the cheerful Magars
- Exploring the temples and streets of Kathmandu and Pokhara
- opportunity to experience the local culture and hospitality
- Exploring the ancient temples and palaces of Kathmandu
- Visiting the famous world heritage sites Pashupatinath Temple, Boudhanath, Kathmandu Durbar Square, Swayambhunath, and Patan Durbar Square
- Touring the historic city of Bhaktapur
- Relaxing in the lakeside city of Pokhara
- Exploring the local culture and street life in Kathmandu and Pokhara
- Option for adventure activities like paragliding, bungee jumping, and more
- Enjoying the boating in Phewa Lake
- Walking around the local market and shopping for souvenirs.

## **Travel Information**

- Permits: A TIMS (Trekkers' Information Management System) card and Annapurna Conservation Area Permit (ACAP) are required for trekking in the Annapurna region. These can be obtained in Kathmandu or through a trekking agency.
- Best time to go: The best time to trek in the Annapurna region is between September and November and March to May when the weather is clear and stable.
- Route: There are several popular routes for trekking in the Annapurna region. Some of the most famous include the Annapurna Circuit, the Annapurna Base Camp Trek, and the Jomsom Trek.
- Accommodation: Accommodation during the trek is typically in teahouses or lodges. These provide basic but comfortable accommodation and meals. It is also possible to camp but it will require hiring equipment and porters.
- Physical fitness: The Annapurna treks are considered challenging, and a good level of physical fitness is required. It is important to be prepared for long days of hiking at high altitude and to acclimatize properly.
- Altitude sickness: Altitude sickness is a concern at high altitude. It is important to be aware of the symptoms and to take necessary precautions to prevent it.
- Guides and porters: It is possible to trek independently but hiring a guide and porters is recommended for safety and to ease the burden of carrying equipment.
- Insurance: It is important to have comprehensive travel and trekking insurance before embarking on an Annapurna trek. Make sure it covers emergency evacuation and medical expenses.
- Respect the local culture and customs: The Annapurna region is home to diverse ethnic groups and it's important to respect their culture and customs. Dress modestly and be mindful of cultural sensitivities.
- Be prepared for the change in weather: Weather in the mountains can change rapidly.

## Things to know

- Visa requirements: Make sure to check the visa requirements for Nepal before you travel. Tourist visas can be obtained upon arrival at the airport or in advance from a Nepalese consulate or embassy.
- Currency: Nepalese Rupee (NPR) is the official currency of Nepal, but US dollars are also widely accepted. It's a good idea to carry cash, as credit cards and debit cards may not be accepted in some places.
- Weather: Nepal has a diverse climate, with temperatures varying greatly depending on the region and altitude. It's important to check the weather forecast and pack accordingly.
- Altitude sickness: Altitude sickness can be a concern when travelling to higher altitudes in Nepal. It's important to be aware of the symptoms and to take necessary precautions to prevent it.
- Food: Nepal has a diverse cuisine, with a mix of Indian, Tibetan, and Nepalese dishes. Some traditional Nepalese dishes include Mo:Mos (dumplings), Dal Bhat (lentil soup and rice), and Chow Mein (stir-fried noodles).
- Language: Nepali is the official language of Nepal, but many people also speak English.

- Culture: Nepal is a culturally diverse country with a mix of Hindu and Buddhist influences. It's important to be respectful of local customs and traditions, and to dress modestly when visiting temples and other religious sites.
- Conservation and sustainability: Nepal are home to many unique and endangered species and fragile ecosystems, it's important to be mindful of environmental conservation and sustainability while traveling.