

## Contact Info

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#### NEPAL TOUR

Pokhara, with its serene Phewa Lake and majestic Annapurna range backdrop, offers a perfect blend of adventure and relaxation. Visitors can indulge in activities like paragliding and trekking, or simply unwind by the lakeside. Chitwan National Park, nestled in Nepal's subtropical lowlands, provides thrilling jungle safaris where rare wildlife like one-horned rhinoceros can be spotted, along with cultural encounters with the Tharu community. Meanwhile, Kathmandu, Nepal's vibrant capital, presents a rich tapestry of ancient heritage and modern life, with UNESCO World Heritage sites like Swayambhunath Stupa and bustling markets in Thamel. These three destinations captivate travelers with their unique charms, offering unforgettable experiences amidst Nepal's breathtaking landscapes and cultural richness.

## **Includes**

- Arrival and Departure transfer by private vehicle as per group size
- 2 Full day (8hrs each day) Kathmandu city tour/ Explore
- 1 Full day (8hr) Pokhara city tour
- 03-nights' accommodation in Kathmandu on a sharing basis AP Plan
- 01-nights' accommodation in Pokhara on a sharing basis on AP Plan
- 2 Nights/ 3 Days accommodation with Jungle Activities in Chitwan
- Round trip airfare (KTM-PKR) (PKR-CHIT) (CHIT-KTM)

- Visit of spiritual Places in the city areas and outside the city while traveling.
- Spiritual performances, visiting temples, and meditation centers on request
- Monumental areas entrance fees as per the itinerary,
- Two Mineral water or juice each day while sightseeing and tour.
- Other festivals, festivities and spiritual activities will be observed or participated while on tour,
- Accompanying official escort throughout the trip.
- Special souvenir on farewell/departure.

### **Excludes**

- International flights tickets
- Insurance: All types
- Nepal entry visa fee
- Items of a personal nature such as alcoholic drinks, cold drinks, laundry
- Any other expenses which are not mentioned at the included section
- Tips and gratuities for driver, guides and escorts (approximately 10% of the total paid amoun
- Force Majeure

# **Room Facilities**

- WiFi
- Air Conditioner
- Minibar

- LED TV
- Telephone
- Balcony

# **Itinerary**

Day 01:: Arrival in Kathmandu -D

- Arrival at Tribhuvan International Airport, Kathmandu.
- Transfer to your luxurious 4-star hotel in Kathmandu.
- Rest and relax after your journey.
- Welcome dinner at Hotel and overnight.

#### Day 02: : Kathmandu City Sightseeing - B

- Breakfast at the hotel.
- AM: Visit UNESCO World Heritage Sites: Swayambhunath Stupa (Monkey Temple) offering panoramic views of Kathmandu Valley.
   Kathmandu Durbar Square, a historical palace complex with intricately carved temples and shrines.
- PM: Continue sightseeing of UNESCO World Heritage site Boudhanath Stupa, one of the largest stupas in the world, UNESCO World Heritage site Pashupatinath Temple, a sacred Hindu temple complex.
- Return to the hotel for overnight stay.

#### Day 03: Kathmandu to Pokhara by flight (25 Minutes Flight) B

- Breakfast at the hotel.
- Transfer to Kathmandu domestic airport, fly to Pokhara, enjoying scenic landscapes along the way.
- Check in at your hotel in Pokhara.
- Sightseeing in Pokhara:
   Devi's Fall, a unique waterfall with an underground tunnel.
   Gupteshwor Cave, housing a sacred cave and a waterfall, International Mountain Museum, showcasing the culture, history, and mountaineering

heritage of the Himalayas and Boating in Phewa lake

• Overnight stay in Pokhara.

Day 04: : Pokhara - Sarangkot Sunrise Tour and Fly to Chitwan (20 Minutes Flight) (B, L, D)

- Early morning excursion to Sarangkot for a stunning sunrise view over the Annapurna Range and Pokhara Valley.
- Return to the hotel for breakfast and Check out
- Drive to Pokhara International Airport and Fly to Chitwan (20 Minutes)
- Check in to the hotel and Briefing about the Program
- Start your Jungle Activities
- Overnight at Resort

#### day 05: Chitwan Jungle Activities - BLD

- Early morning excursion to Sarangkot for a stunning sunrise view over the Annapurna Range and Pokhara Valley.
- Return to the hotel for breakfast.
- Sightseeing in Pokhara:
   Devi's Fall, a unique waterfall with an underground tunnel.
   Gupteshwor Cave, housing a sacred cave and a waterfall.
   International Mountain Museum, showcases the culture, history, and mountaineering heritage of the Himalayas.
- Overnight stay Resort.

## day 06: Chitwan to Kathmandu by Flight - B

 Breakfast at the hotel. Transfer to Bharatpur Domestic Airport, and take a 25-minute flight to Kathmandu.
 Check-in at your hotel in Kathmandu.,

- PM: visit Patan Durbar Square, a UNESCO World Heritage site, and continue visiting Thamel, a vibrant tourist hub known for its shops, restaurants, and nightlife.
- Overnight stay in Kathmandu.

#### day 07: Departure (B)

- Breakfast at the hotel.
- Check out from the hotel.
- Free time for last-minute shopping or leisure activities if time permits.
- Transfer to Tribhuvan International Airport for your departure flight, marking the end of your exclusive tour of Nepal.

# Highlights

- Explore Durbar Square's historical charm in Kathmandu.
- Visit the sacred Pashupatinath Temple.
- · Ascend Swayambhunath Stupa for panoramic views.
- Immerse in Thamel's lively atmosphere for shopping and cultural experiences.
- Take a scenic flight from Kathmandu to Pokhara.
- Check into a lakeside hotel and enjoy leisure time.
- Explore serene Phewa Lake in Pokhara, with optional boat rides.
- Stroll Lakeside's charming cafes, shops, and cultural delights.
- Visit the Peace Pagoda for breathtaking Pokhara panorama.

# **Travel Information**

What do you have to carry with you when you travel to Nepal?

If you are traveling to Nepal for a holiday, here are some essential items you should consider bringing:

Ensure that you have a valid passport with at least six months of validity left and a Nepali tourist visa or filled out	
on arrival visa form	
It's recommended to have travel insurance that covers	
medical expenses, emergency evacuation, and trip cancellation.	
Nepal is primarily a cash-based economy, so it's essential	
to carry enough cash. Additionally, major cities and tourist	
areas accept credit cards, but be prepared to pay a fee for using them.	
Don't forget to carry any medications you need, along with	
a basic first-aid kit containing items such as band-aids,	
antiseptic, and pain relievers.	
Nepal is a beautiful country, and you'll want to capture	
your memories. Bring a camera and accessories such as	
extra batteries and a memory card.	
Nepal is a culturally respected country, so it's important to	
dress modestly, particularly in temples and other religious sites.	
Nepal's high altitude means that the sun's rays are	
stronger, so sunscreen is crucial. Additionally, insect	
repellent is necessary to avoid mosquito-borne diseases	
If you plan on trekking, you should carry sturdy,	
comfortable hiking shoes, warm clothing, a backpack, a	
sleeping bag, and a water bottle.	
Nepal uses type C, D, and M electrical plugs, so bring an	
adapter if you have electronics with a different plug type.	
Nepal's power supply can be unreliable, so bringing a	
portable charger is a good idea to keep your electronics charged.	

# Things to know

**Cancellation Policy:** 

• Before 30 Days No cancellation

- Before 15-29 days 10% Cancellation
- Before 07 14 Days 25% Cancellation
- Before 03-06 Days 50% Cancellation
- No Show 100% Cancellation

to get the most accurate and up-to-date exchange rates for Nepalese Rupees (NPR) against other currencies.

Bank Notes:	Coins:
1,000	10
500	5
100	2
50	1
20	
10	
5	

#### **Exchange Rates:**

https://www.nrb.org.np/forex/

Note: you may not get the exchange rate shown in the table.

Here are some do's and don'ts to keep in mind when visiting Nepal:

#### Do's in Nepal:

- Respect local customs and traditions: Nepal has a rich cultural heritage, so it's important to be respectful towards local customs and traditions. Learn about the cultural norms and practices, and try to follow them during your stay.
- Dress modestly: While Nepal is a diverse country with varying standards of attire, it is generally appreciated if you dress modestly, especially when visiting religious sites or rural areas. It is advisable to cover your shoulders and knees to show respect.
- Remove your shoes when entering religious sites and private homes: Nepali
  people follow the custom of removing their shoes before entering religious
  sites and private residences. It is polite to do the same to show reverence and
  cleanliness.

- Practice responsible tourism: Nepal is blessed with natural beauty and unique ecosystems. As a responsible tourist, strive to minimize your environmental impact. Avoid littering, use reusable water bottles, and follow designated trails when trekking to preserve the natural surroundings.
- Learn basic Nepali greetings: Learning a few basic Nepali greetings such as "Namaste" (hello), "Dhanyabad" (thank you), and "Kripaya" (please) can go a long way in building rapport with the local people. It shows your appreciation for their culture and makes interactions more meaningful.

#### Don'ts in Nepal:

- x. Disrespect of religious sites and beliefs: Nepal is a deeply spiritual country, and its people hold their religious sites and beliefs in high regard. Avoid any behavior that may be seen as disrespectful or sacrilegious, such as touching sacred objects without permission or taking photographs where it is prohibited.
- x. Engage in public displays of affection: Nepali society is relatively conservative, and public displays of affection, especially between couples, are generally not accepted. It is best to exercise restraint and avoid such behavior in public to avoid any offense.
- x. Use of your left hand for eating or giving/receiving items: In Nepali culture, the left hand is considered unclean as it is traditionally used for personal hygiene purposes. When dining or interacting with others, always use your right hand for eating and offering or receiving items as a sign of respect.
- x. Give money or sweets to children on the street: Although it may be tempting to give money or sweets to children begging on the streets, it is generally discouraged. This perpetuates the cycle of dependency and may discourage children from attending school. It is better to support reputable local charities working towards education and welfare.
- x. Disregard local customs during festivals: Nepal celebrates numerous vibrant festivals throughout the year. If you happen to be in the country during a festival, be mindful of local customs and practices. Avoid behaviors that may disrupt or disrespect the festive atmosphere and follow instructions from locals or authorities.
- x. By adhering to these do's and don'ts, you will have a more respectful and culturally immersive experience during your visit to Nepal.