



EVEREST BASE CAMP

Mt. Everest also known as Sagarmatha in Nepali is the highest mountain in the world. With an elevation of 8848meters, Mount Everest is also called as “Rooftop of the World”.

This Everest Yeti’s Skull trek is designed for those who want to see the Everest panorama within a short time. This trek itinerary also includes a visit to Khumjung monastery which is home to the legendary “Yeti” Skull. This trek provides a wonderful opportunity to view the rare highlights of the world – Mt. Everest and Yeti. Visit Namche Bazar, a historical mountain township, and visit Tengboche monastery which is one of the biggest Buddhist monasteries in the Everest region. Explore local Sherpa culture and Tradition at Namche bazaar and also visit Everest View Hotel which is the highest placed hotel in the world.

Includes

- Traditional welcome on arrival with Nepali scarp or Garland
- Fresh wet towel on arrival, surgical gloves, facemasks and sanitizer
- Disinfection of your baggage and belongings at the airport
- Arrival & departure transfers by private vehicle as per the group size
- 02-nights’ accommodation in Kathmandu on Twin sharing basis (MAP Plan) only Welcome and Farewell dinner
- All Meals (B, L, D) included while Trekking
- Accommodation while Trekking
- Airfare KTM-LUK (Two way)
- All Trekking Permit Fees
- Applicable Govt Taxes
- Fulltime assistance
- Price included for four star category.

Excludes

- International Air ticket
- Travel Insurance
- Nepal Entry Visa Fee
- Lunch in Kathmandu
- All expenses of personal nature
- Rescue and personal insurance
- Extra arrangements due to flight cancel, delay or any other factors beyond our control
- Any other services not mentioned in cost includes section

Itinerary

Day 1: Arrival, Welcome and Transfer to Hotel

Arrive at Tribhuvan International Airport in Kathmandu. Welcome, meet, assist by our Going Nepal representative, disinfect luggage and hand carries and hand over a bag containing mask, surgical gloves, and sanitizer & transfer to the hotel. Welcome drink followed by tour briefing. The evening is free for your own leisure. Dinner and Stay Overnight at Kathmandu hotel.

Day 2: Fly Kathmandu/Lukla & Trek to Phakding

Early morning, pick up from your hotel in Kathmandu and transfer to Kathmandu Domestic airport to fly to Lukla (2860 meters). Start your trek to reach Phakding.

Breakfast, Lunch, and Dinner and Overnight at Local Lodge

Day 3: Trek to Namche Bazaar

Start your trek after breakfast. Today you follow a trekking trail inside Juniper and Pine forests along Dudh Koshi River bypassing double suspension bridge and village settlements like Jorsale & Monjo. Reach Namche in the afternoon. Breakfast, Lunch & Dinner, and Overnight at Local Lodge.

Day 4: Namche Bazaar

Today is an acclimatization day. We recommend you take a day excursion to Syangboche for a better view of Everest and Ama Dablam valley. Also, visit "Everest View Hotel" the highest-placed hotel in the world. If interested further continue to Khumjung village and visit the monastery which is home to "Yeti's Skull". Return to Namche for a night stay.

Breakfast, Lunch and Dinner and Overnight at Local Lodge

Day 5: Trek to Tengboche

Trek to Tengboche monastery. If time permits also witness the evening rituals at Monastery. Tengboche offers excellent vistas of Everest, Chou-Oye, Nuptse, Lhotse, and Ama Dablam valley.

Breakfast, Lunch & Dinner, and Overnight at Local Lodge.

Day 6: Trek to Dingboche

Trek to Dingboche. Today you will walk through the Rhododendron forest which also provides an excellent opportunity to see wild animals like Himalayan Thar, and different species of Wild Flowers and Birds. Reach Dingboche for overnight halt.

Breakfast, Lunch & Dinner, and Overnight at Local Lodge.

Day 7: Acclimatization Day

Today is an acclimatization day. For better adjustment of the altitude, we recommend you take an excursion to the surrounding area.

Breakfast, Lunch & Dinner, and Overnight at Local Lodge

Day 8: Trek to Lobuche

Trek to Lobuche visiting Dhugla and Pheriche along the Khumbu Glacier moraine. Lobuche offers an extensive view of Khumbutse, Lingtren, Pumori, and Mahalangur Himal which includes Everest, Nuptse, Lhotse, and other surrounding peaks.
Breakfast, Lunch & Dinner, and Overnight at Local Lodge

Day 9: Trek to Gorekshep visiting Everest Base Camp

Today is one of the highlights of your trek to the Everest region. Reach the base camp of the highest mountain in the world. Spend your time capturing this lifetime experience and trek to Gorekshep for an overnight stay.
Breakfast, Lunch & Dinner, and Overnight at Local Lodge

Day 10: Excursion to Kalapatthar & trek to Pheriche

Early morning reach the top of the Kalapatthar to witness a splendid view of Sunrise over Mt. Everest, Nuptse with a combined view of Everest Base Camp. Return to the lodge for breakfast and continue your walk to Pheriche.
Breakfast, Lunch & Dinner, and Overnight at Local Lodge

Day 11: Trek to Namche

Trek down to Namche.
Lunch, Dinner and Overnight at Local Lodge

Day 12: Trek to Lukla

Trek down to Lukla.
Lunch, Dinner and Overnight at Local Lodge

Day 13: Fly Lukla to Kathmandu

Morning flies from Lukla to Kathmandu. Upon arrival, transfer to your hotel located in the city center area.

Day 14: Departure

Breakfast, free until you are transferred to international airport for onward journey.

Highlights

- Welcome dinner at hotel and short briefing of tour by guide
- Embark the adventure with a scenic flight to Lukla airport.
- Trek to Dingboche for an excellent opportunity to see wild animals, plants, flowers and Birds.
- Early morning view from kalapatthar to witness splendid view of sunrise over Mt. Everest

Travel Information

- Confirmation will be received at time of booking
- Not wheelchair accessible
- Infants must sit on laps
- Not recommended for travelers with back problems
- Not recommended for pregnant travelers
- No heart problems or other serious medical conditions

Things to know

- Getting a Nepal Visa upon Arrival
- We will be there at the Airport to receive you before an Hour your flight lands,
- You will be greeted by enthusiastic Namaskar
- You will always welcome with warm charming smile

- You should not have biff in Nepal
- If you are planning for a SIM card, you can get it in the Airport.
- Mention in the itinerary destinations Entrance fees for the world heritage site will be paid by GoingNepal.
- Most often you will be welcome by Tikka and khata.
- You should strictly remove the footwear before entering any religious areas.
- Nepal consist of Eight out of Ten highest peak of the Mountains in the world.
- Before bag packing it's always better to talk with your guide

Breakfast, free until you are transferred to international airport for onward journey.