



ANNAPURNA CIRCUIT TREK

The legendary Annapurna base camp region is the most diverse and popular trekking area not only in Nepal but in the world. From the full three-week Annapurna Circuit, which stretches into the historic Mustang region to short three-day treks, there's a trek suitable for everyone here. It literally brings you face to face with an eight-thousander – for a moderate-difficult trek, this is incredible! The fascinating Annapurna massif includes the world's tenth highest peak. ABC trek holds several treasures for the mountain lover.

Includes

- Traditional welcome on arrival with Nepali scarp or Garland
- Fresh wet towel on arrival, surgical gloves, facemasks and sanitizer
- Disinfection of your baggage and belongings at the airport
- Arrival & departure transfers by private vehicle as per the group size
- 02-nights' accommodation in Kathmandu on Twin sharing basis (MAP Plan) only welcome and farewell dinner
- 01-nights' accommodation in Pokhara on Twin sharing basis (BB Plan)
- All Meals (B, L, D) included while Trekking
- Welcome and Farewell dinner in Kathmandu
- Airfare from Jomsom to Pokhara
- Transportation Charge (Kathmandu-Bulbule-Pokhara - Kathmandu)
- All Trekking Permit Fees
- Applicable Govt Taxes
- Fulltime assistance
- Price included for four star category.

Excludes

- International Air ticket
- Travel Insurance
- Nepal Entry Visa Fee
- Lunch & Dinner in Pokhara
- Lunch in Kathmandu
- All expenses of personal nature
- Rescue and personal insurance
- Extra arrangements due to flight cancel, delay or any other factors beyond our control
- Any other services not mentioned in cost includes section

Itinerary

Day 1: ARRIVAL IN KATHMANDU

This is your first day of arrival, one of the employees of Going Nepal will pick you all up from the airport and take you to your respective hotels afterward a briefing will be done about the trip. In the afternoon you may take a rest as you had traveled away a long or visit our office as well. Overnight in Kathmandu.

Day 2: DRIVE FROM KTM TO BULBULE AND TREK TO NADI

After 5hrs drive to Besisahar, the Annapurna Circuit Treks begins. The road is quite smooth and very scenic to Besisahar then 1.5 hrs. dirt road to Bulbule. From Bulbule 1 hour walk to Nadi on the same day. Dinner and overnight at the hotel.

Day 3: TREK FROM NADI TO CHAMCHE

Keep an eye out for dazzling cascades en route as the trail makes its way through a deep wooded canyon with a few stretches of steep climbing. Wander through rice paddies, follow winding trails through the sub-tropical forest, cross suspension bridges swaying over raging rivers, pass waterfalls of melted snow and climb steep mountain passes. Dinner and overnight.

Day 4: TREK FROM CHAMCHE TO DHARAPANI

Today's trek continues through the deep wooded canyon embellished by stunning waterfalls. You'll be venturing into the Manang district of the mountain range, with much of the trail ascending throughout the day.

Day 5: TREK FROM DHARAPANI TO CHAME

Marking the end of the great Marsyangdi River Gorge, make a steep climb to Timang, then the trail settles into gentler slopes as the vegetation transforms from dense pine forests to drier slopes. The district headquarters of Manang, Chame, is the largest settlement after Besisahar.

Day 6: TREK FROM CHAME TO PISANG

Slowly you are going to enter into the different world and gaining the elevation and walking through the pine forest. Pisang is the inhabitant of Gurung people.

Day 7: PISANG TO MANANG

Trek the northern trail via upper Pisang and Ghyaru – an area renowned for its spectacular views. It is now drier and you are sure to come across local farmers herding yaks. Here's a hot tip – Tibetan yaks take a special interest in people wearing red, so choose your gear carefully today!

Day 8: MANANG ACCLIMATIZATION DAY

Spend a day here to acclimatize and day hike to Monastery, then return to Manang for

the night. Manang is a village of about 500 flat-roofed houses, offers excellent views of Annapurna II, Annapurna III, Gangapurna, and Chulu East.

Day 9: MANANG TO YAK KHARKA

You will be walking as a slog due to the altitude. Along the way, you will encounter Musk deer, Himalayan Thar, and all other flora and fauna along with the mountain range. It is an easy and short hike due to the altitude.

Day 10: TREK FROM YAK KHARKA TO HIGH CAMP

Today leisurely walk to Throng Phedi and have a Lunch then 2hrs hike to High Camp. It offers great landscapes and Mountain views.

Day 11: TREK FROM HIGH CAMP TO MUKTINATH

Probably the hardest day of the entire trek. Early morning ascends 490m to the Throng la top and walk down to Muktinath. This is a pilgrimage holy place in Annapurna region. Once you are in Muktinath you are entering into the different world which you may feel.

Day 12: TREK FROM MUKTINATH TO KAGBENI TO JOMSOM

The most relaxed day and walking into the barren land and facing to the warier caves, visit the hundreds of years Monastery and Experience the Tibetan tribes. Walk about 3 hours to Kagbeni for Lunch and explore the area. After having Lunch walk to Jomsom for another 2 hours.

Day 13: FLY FROM JOMSOM TO POKHARA

After breakfast moves towards Jomsom airport and flies to Pokhara. As soon as you reach Pokhara drive to the hotel and rest for the day.

Day 14: DRIVE TO KATHMANDU

Breakfast and depart for [Kathmandu](#), evening farewell dinner at Nepalese typical Restaurant.

Day 15: DEPARTURE

After the healthy breakfast, we drop you at the airport for your final departure for your onward destination.

Highlights

- Walk across the pretty [Annapurna Region](#) and witness its breathtaking beauty.
- Also, get your mouth opened by the legendary landscapes of the region.
- Get rid of your body and mind's pressure by sinking into the natural spring.
- Be a guest in numerous iconic villages of Himalaya's ethnicities.
- Find yourself deep into the dense woods of the Annapurna Conservation Area.
- Pass through the base camp of Mt Fishtail; Machhapuchhre Base Camp.
- Experience an unreal mountain sunrise and panorama view from Annapurna Base Camp.
- Marshyangdi and Kali Gandaki River Valley

Travel Information

- Confirmation will be received at time of booking
- Not wheelchair accessible
- Infants must sit on laps
- Not recommended for travelers with back problems
- Not recommended for pregnant travelers
- No heart problems or other serious medical conditions
- Travelers should have a moderate physical fitness level

- This is a private tour/activity. Only your group will participate

Things to know

- Getting a Nepal Visa upon Arrival
- We will be there at the Airport to receive you before an Hour your flight lands,
- You will be greeted by enthusiastic Namaskar
- You will always welcome with warm charming smile
- You should not have beef in Nepal
- If you are planning for a SIM card, you can get it in the Airport.
- Mention in the itinerary destinations Entrance fees for the world heritage site will be paid by GoingNepal.
- Most often you will be welcome by Tikka and khata.
- You should strictly remove the footwear before entering any religious areas.
- Nepal consist of Eight out of Ten highest peak of the Mountains in the world.
- Before bag packing it's always better to talk with your guide

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