# Contact Info



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# KATHMANDU POKHARA TWIN VALLEY TOUR: A TOUR OF HISTORY AND SCENERY

<u>Kathmandu</u> - <u>Pokhara</u> Tour is the perfect opportunity for you to experience the enthralling beauty of two of the most beautiful cities in Nepal. Perfect for those travelers who want to experience the epitome of natural beauty intensified by a blend of cultures, the <u>Kathmandu</u> - <u>Pokhara</u> Tour is your ideal pick.

#### **Includes**

- All (airport to airport) transfer by private vehicles as per group size.
- 5 nights' accommodation Luxury Resort/Hotels as mentioned below.
- Meals: 05 breakfasts, and 01 dinner
- Local village and schools visit on the way wherever is possible.
- Visit Tibetan carpet factory and Thanka painting while guided sightseeing tour in Kathmandu and Pokhara
- Seasonal and regional festivals and unique experiences as per region.
- Visit of spiritual Places in the city areas and outside the city while by surface travel.
- Participate in harvesting and cultivation activities depending on the season.
- Monumental areas entrance fees as per the itinerary levied by the government and local authorities.

- Professional licensed local English/other language speaking guide service in Kathmandu, and Pokhara.
- Other festivals, and spiritual activities will be observed or participated while on tour,
- Accompanying official escort throughout the trip.
- Special souvenir on farewell / departure

#### **Excludes**

- · International flights tickets
- Nepal entry visa fee
- Travel Medical Insurance
- Emergency Evacuation Service
- Items of a personal nature such as alcoholic/nonalcoholic drinks, laundry
- Any other expenses which are not mentioned at the included section
- Tips/gratuities/Donations for driver, guides and escorts
- Force Majeure

### **Itinerary**

Day 1: Arrive in Kathmandu (-/-/D)

Arrival at <u>Kathmandu</u> International airport. Meet, welcome by our representative & transfer to the hotel. Welcome drink followed by tour briefing. The rest of the day is free for personal activities. Welcome dinner and Overnight at <u>Kathmandu</u>.

Elevation of Kathmandu: 1363m

• Transportation: Private car/ Tourist bus

• Driving distance: 25-30min drive to Hotel

• Meals: Welcome Dinner

Accommodation: 4-Star Hotel

#### Day 2: Full day Kathmandu Sightseeing (B / - / -)

After Breakfast prepares yourself for another tour of <u>Kathmandu</u> City. Our first stop will be <u>Bhaktapur Durbar Square</u>: Also known as the city of devotees, Bhaktapur is the home of medieval art and architecture.

Afterward, we will be heading towards <u>Pashupatinath Temple</u> which is situated on the bank of the river Bagmati. The river is also taken as an incarnation of the goddess Ganga. After finishing the trip in <u>Pashupatinath</u> drive to <u>Boudhanath</u> which is nearby <u>Pashupatinath</u>. The <u>Boudhanath Stupa</u> is one of the world heritage sites to be found in Nepal. <u>Boudhanath Stupa</u> is not only fascinating but also Peaceful with lovely surroundings.

Transportation: Private carDriving distance: 3-4 Hours

• Meals: BB

Accommodation: 4-Star Hotel

#### Day 3: Transfer Kathmandu- Pokhara (B / - / -)

After Breakfast, Check out from Hotel and drive to <u>Pokhara</u>. Enjoy a five-six-hour beautiful drive to <u>Pokhara</u>., Arrive & check in at Hotel and rest. Later in the evening go boating in Phewa Lake (the second largest lake in Nepal) You may do self-boating at Fewa lake. Evening free for personal activities/shopping on the lakeside market on own. Dinner and Overnight Stay in <u>Pokhara</u>.

Elevation of Pokhara: 822 MTransportation: Private car

• Driving Distance: 200 KM, 6-7 Hours

• Flight Duration- 25Minutes

• Meals: BB

• Accommodation: 4-Star Hotel

#### Day 4: Pokhara Sightseeing Tour (B / - / -)

Early in the morning, drive to Sarangkot to catch the breathtaking sunrise view over the Himalayas from the Sarangkot vantage point. Then you will drive back to the hotel, have breakfast and start the Pokhara sightseeing where you will visit Bindabasini temple, Davis Falls, Seti Gorge, Gupteshwor Cave, and Tibetan Refugee Camp.

Bindabasini Temple: Bindabasini Temple, known locally as Bindhyabasini Mandir. Standing proudly atop a hill, this striking temple looks calmly over the bustling city of Pokhara. It is located near the busy Old Bazaar of Pokhara, a center of commerce in the Himalayas. Bindabasini temple or Bindhyabasini Mandir is of great religious importance to Hindus living in the Pokhara region. It is a vital hub of religious fervor. The temple itself is dedicated to the Hindu goddess Durga, who is Pokhara's chosen guardian deity. Durga, also known as Shakti or Kali has numerous manifestations and at the Bindabasini temple, she is seen as Bhagwati, a blood-thirsty aspect of the goddess. Durga appears in the form of a Saligram. A Saligram, according to Hindu mythology is a propitious stone. It is said that the temple was created after the goddess ordered king Khadag Bum Malla to set up her statue there. The Bindabasini temple was then founded in BS 1845. Since its establishment, Bhagwati has been an object of worship here on a daily basis. Animal sacrifices are typically presented at the temple on Saturdays and Tuesdays. The Hindu festival of Dashain sees large numbers of believers coming to offer sacrifices at Bindhyabasini Mandir.

Davis Fall and Gupteshwor Cave: Locally known as the Patale Chango (Fall of the Netherworld), Davi's Fall is a ferocious waterfall located about 2 km southwest of Pokhara Airport on the Siddhartha Highway. The source of the waterfall is Phewa Lake and the fall itself is named after a Swiss lady who was swept away by the fall in 1961. The fall cuts through the rocks to create complex caves and tunnels on its path. Gupteshwor Mahadev cave on the other side of the fall is one such cave carved by Devi's Fall. The sacred shrine dedicated to Shiva is popular among the local residents and is seldom missed by tourists to Davi's Fall.

Seti River/ Gorge: An interesting tourist attraction of Pokhara is the Seti River, which cuts gorgeously through the Mahabharat range and, therefore, seems to disappear in caves and tunnels in many places along its route through Pokhara city. At various points, Seti is barely 2 m wide but its depth reaches an astonishing 20 m! The river gorge can be seen from several spots in the city ie Mahendra Pul, K.I. Singh Pul and Prithvi Chowk Pul. From these spots, the river can be seen in all its ferocity gushing down the deep gorge that it has carved over millennia. Seti which literally means the White River originates from the Annapurna Massif.

After finishing the tour drive back to the hotel and rest. Later in the evening you can go around the lakeside and enjoy the lake vibe. Dinner can be served around a lake or at the hotel and overnight at the hotel.

• Elevation of Sarangkot: 1600 M

Transportation: Private carDriving distance: 4-5 Hours

• Meals: BB

• Accommodation: 4-Star Hotel

#### Day 5: Transfer Pokhara- Kathmandu (B / - / -)

Breakfast & drive back to Kathmandu. Arrive in Kathmandu and check into the hotel. The rest of the day is free for personal activities or you can go shopping, visit around tourist hub of Thamel, etc. Finally, return to hotel & Overnight.

• Transportation: Private car/ Tourist bus

• Driving distance: 200 KM, 6-7 Hours

• Flight Duration: 25Minutes

• Meals: BB

Accommodation: 4-Star Hotel

Day 6: Departure (B / - / - )

Breakfast and Free until you are transferred to the international airport for your onward journey.

## Highlights

- Exploring the cultural and historical capital of Nepal, Kathmandu, known for its temples, shrines, and palaces
- Visiting famous heritage sites such as Pashupatinath Temple, Swayambhunath (Monkey Temple), Bhaktapur Durbar Square, Patan Durbar Square and Kathmandu Durbar Square
- The opportunity to experience the unique culture and way of life of Kathmandu Valley
- The chance to experience the local lifestyle, foods, and handicrafts.
- A scenic drive or a flight to Pokhara, a city known for its natural beauty and adventure opportunities.
- The chance to enjoy the beautiful view of Annapurna and Dhaulagiri range from Sarangkot hill.
- The chance to explore the Fewa Lake and its surroundings.
- The chance to experience the adventure activities such as paragliding, ultralight flight, Zip flyer and more.

- The chance to explore the Pokhara valley, known as the gateway to Annapurna and Dhaulagiri trekking routes.
- The chance to visit the Davis fall, Gupteswar Mahadev cave and International Mountain Museum.
- The chance to explore the local culture and tradition of Pokhara.

#### **Travel Information**

- Transportation: Kathmandu and Pokhara are well-connected by road and air. Taxis, buses, and private cars are available for transportation between the two places. There are also regular flights between Kathmandu and Pokhara.
- Weather: Kathmandu and Pokhara have a sub-tropical climate, with temperatures varying greatly depending on the season. The best time to visit is from September to November and from March to May, when the weather is mild and clear.
- Accommodation: There are a variety of accommodation options available in Kathmandu and Pokhara, including hotels, guesthouses, and homestays.
- Food: Kathmandu and Pokhara offer a wide variety of food, including traditional Nepali, Indian, Tibetan, and international cuisines.
- Culture: Kathmandu and Pokhara are rich in culture, history, and religion. There
  are several temples, shrines, and historical sites to visit in Kathmandu such as
  Pashupatinath Temple, Swayambhunath Stupa, and Kathmandu Durbar Square.
  Pokhara is known for its natural beauty, including the famous Phewa Lake and
  the stunning Annapurna mountain range.
- Safety: It is generally considered a safe destination but it's a good idea to take the usual safety precautions. Be aware of your surroundings and keep your valuables safe.
- Activities: In Kathmandu and Pokhara, there are many activities to do, such as city sightseeing, hiking, yoga and meditation, shopping, and cultural tours.
- Respect: It's important to be respectful of local customs and traditions, and to dress modestly when visiting temples and other religious sites.

- Visa requirements: Make sure to check the visa requirements for Nepal before you travel. Tourist visas can be obtained upon arrival at the airport or in advance from a Nepalese consulate or embassy.
- Currency: Nepalese Rupee (NPR) is the official currency of Nepal, but US dollars are also widely accepted. It's a good idea to carry cash, as credit cards and debit cards may not be accepted in some places.
- Weather: Nepal has a diverse climate, with temperatures varying greatly depending on the region and altitude. It's important to check the weather forecast and pack accordingly.
- Altitude sickness: Altitude sickness can be a concern when travelling to higher altitudes in Nepal. It's important to be aware of the symptoms and to take necessary precautions to prevent it.
- Food: Nepal has a diverse cuisine, with a mix of Indian, Tibetan, and Nepalese dishes. Some traditional Nepalese dishes include Mo:Mos (dumplings), Dal Bhat (lentil soup and rice), and Chow Mein (stir-fried noodles).
- Language: Nepali is the official language of Nepal, but many people also speak English.
- Culture: Nepal is a culturally diverse country with a mix of Hindu and Buddhist influences. It's important to be respectful of local customs and traditions, and to dress modestly when visiting temples and other religious sites.
- Conservation and sustainability: Nepal are home to many unique and endangered species and fragile ecosystems, it's important to be mindful of environmental conservation and sustainability while traveling.