



Contact Info

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8 NIGHT IN NEPAL

As the sun rose slowly over the mist-covered peaks of the Himalayas, casting a golden hue upon the sleepy village of Nagarkot, the tranquil atmosphere enveloped visitors in a sense of serenity and awe. In Kathmandu, the bustling streets hummed with activity as locals and tourists alike navigated through the colorful chaos of Thamel, where vibrant markets and ancient temples coexisted amidst the urban hustle. Meanwhile, Chitwan's dense jungles echoed with the calls of exotic birds and the rustle of unseen creatures, enticing adventurers to explore its untamed wilderness and discover the rich biodiversity of Chitwan National Park. At dusk, the tranquil waters of Phewa Lake in Pokhara mirrored the majestic Annapurna range, creating a breathtaking spectacle that captivated the hearts of onlookers. Monkeys frolicked amidst the ancient ruins of Swayambhunath Stupa in Kathmandu, their playful antics adding charm to the spiritual ambiance of the site, while Durbar Square stood as a testament to the city's rich history and cultural heritage. Amidst the chaos of Kathmandu's traffic, sacred cows wandered freely, unperturbed by the hustle and bustle of city life, offering a glimpse into the city's unique blend of tradition and modernity. In Chitwan, the rhythmic beat of traditional Tharu music filled the air, inviting visitors to join in the colorful celebrations of local festivals and immerse themselves in the vibrant culture of the region. Whether trekking through the rugged terrain of the Annapurna Circuit, paragliding high above the tranquil lakes of Pokhara, or simply savoring the serene atmosphere of Nagarkot's hilltop perch, Nepal's diverse landscapes and cultural riches offer a journey of discovery and wonder for travelers seeking adventure and enlightenment alike.

Includes

- Arrival and Departure transfer by private vehicle as per group size
- 2 Full day (8hrs each day) Kathmandu city tour/ Explore
- 1 Full day (8hr) Pokhara city tour
- 03-nights' accommodation in Kathmandu on a sharing basis AP Plan

- 01-nights' accommodation in Pokhara on a sharing basis on AP Plan
- 2 Nights/ 3 Days accommodation with Jungle Activities in Chitwan
- Round trip airfare (KTM-PKR) (PKR-CHIT) (CHIT-KTM)
- Visit of spiritual Places in the city areas and outside the city while traveling.
- Spiritual performances, visiting temples, and meditation centers on request
- Monumental areas entrance fees as per the itinerary,
- Two Mineral water or juice each day while sightseeing and tour.
- Other festivals, festivities and spiritual activities will be observed or participated while on tour,
- Accompanying official escort throughout the trip.
- Special souvenir on farewell/departure.

Excludes

- Meals: lunch & dinner in Kathmandu Nagarkot and Pokhara,
- Manakamana cable car fee, bar bills, laundry bills, tips and all other expenses except mentioned in package includes heading. Baggage and personal expenses. Any other expenses due to political, act of nature or any other reason which are beyond control of sports 360 travel or its associate agents.

Itinerary

Day 01: Arrive Kathmandu

Arrival in Tribhuvan international airport, Kathmandu. Meet and greet at by our company's representative. Transfer to respective hotel and check-in assistance. Overnight stay in Kathmandu.

Day 02: Kathmandu

Breakfast at hotel. Proceed for Kathmandu sightseeing tour covering Pashupatinath temple, Guheshwori temple, Boudhanath stupa & Budhanilkantha Temple (Jal narayan). Overnight stay in Kathmandu.

Day 03: Kathmandu – Nagarkot

Drive towards Nagarkot (32km, 1.5hrs drive) en-route visit Doleshwor Mahadev temple & Bhaktapur durbar Square. Transfer to designated hotel and check-in. Overnight stay in Nagarkot.

Day 04: : Fly Kathmandu – Pokhara

Timely transfer to domestic airport for flight to Pokhara (25min flight). Upon arrival, transfer to the hotel and check-in. Rest of the Day free at leisure. We suggest you to stroll around lakeside area during evening. Overnight stay in Pokhara.

day 05: Full day in Pokhara

Early morning excursion trip to Sarangkot to view sunrise over the himalayas (if weather permits). Return back to hotel for breakfast. Breakfast at hotel. Proceed for

city tour covering Bindebashini temple, Gupteshwor cave, David's fall, Pumdikot Shiva statue & an hour on boating on Fewa lake till Taal Barahi. Drop back to hotel after completion of sightseeing tour. Overnight stay in Pokhara.

day 06: Chitwan National Park

Enjoy sunrise along with panoramic view of the Himalayas from hotel premises (if weather permits). Early morning, Fly to Bharatpur (Chitwan) Upon arrival, transfer to hotel and check-in. Lunch will be served after refreshment. Evening, cultural performance by ethnic Tharu people. Overnight stay in Chitwan.

day 07: full-Day in Chitwan national park

Jungle safari at Chitwan national park including national park fee and entrance fee. After lunch, dugout canoe ride along with Dungere/ Rapti river to see 2 types of rare species of crocodile; the marsh mugger and the fish-eating gharial. Late afternoon village walk will be organized nearby Tharu village. Overnight stay in Chitwan.

day 08: Chitwan National Park – Kathmandu

After breakfast, transfer to airport for flight back to Kathmandu (30min flight). Upon arrival, visit Patan Durbar Square. Transfer to your respective hotel and check-in. Overnight stay in Kathmandu.

day 9: Fly Home

Free time until time of departure. Timely transfer to international airport for onward journey.

Highlights

- Nagarkot: Panoramic views of the Himalayas, including sunrise over Everest and Annapurna.
- Kathmandu: Vibrant streets of Thamel, ancient temples like Swayambhunath Stupa, and Durbar Square's rich history.
- Chitwan: Dense jungles of Chitwan National Park, home to rare species like the one-horned rhinoceros, and vibrant Tharu culture.
- Pokhara: Tranquil waters of Phewa Lake, adventure activities like paragliding, and stunning views of the Annapurna range.
- Annapurna Circuit: Epic trekking journey through rugged terrain, offering breathtaking mountain vistas and cultural immersion.

Travel Information

do's in nepal

- Respect local customs and traditions: Nepal has a rich cultural heritage, so it's important to be respectful of local customs and traditions. Learn about the cultural norms and practices, and try to follow them during your stay.
- Dress modestly: while Nepal is a diverse country with varying standards of attire, it is generally appreciated if you dress modestly, especially when visiting religious sites or rural areas. It is advisable to cover your shoulders and knees to show respect.
- Remove your shoes when entering religious sites and private homes: Nepali people follow the custom of removing their shoes before entering religious sites and private residences. It is polite to do the same to show reverence and cleanliness.
- Practice responsible tourism: Nepal is blessed with natural beauty and unique ecosystems. As a responsible tourist, strive to minimize your environmental impact. Avoid littering, use reusable water bottles, and follow designated trails when trekking to preserve the natural surroundings.

- Learn basic Nepali greetings: learning a few basic Nepali greetings such as "namaste" (hello), "dhanyabad" (thank you), and "kripaya" (please) can go a long way in building rapport with the local people. It shows your appreciation for their culture and makes interactions more meaningful.

Don'ts in Nepal:

- Disrespect of religious sites and beliefs: Nepal is a deeply spiritual country, and its people hold their religious sites and beliefs in high regard. Avoid any behavior that may be seen as disrespectful or sacrilegious, such as touching sacred objects without permission or taking photographs where it is prohibited.
- Engage in public displays of affection: Nepali society is relatively conservative, and public displays of affection, especially between couples, are generally not accepted. It is best to exercise restraint and avoid such behavior in public to avoid any offense.
- Use of your left hand for eating or giving/receiving items: in Nepali culture, the left hand is considered unclean as it is traditionally used for personal hygiene purposes. When dining or interacting with others, always use your right hand for eating and offering or receiving items as a sign of respect.
- Give money or sweets to children on the street: although it may be tempting to give money or sweets to children begging on the streets, it is generally discouraged. This perpetuates the cycle of dependency and may discourage children from attending school. It is better to support reputable local charities working towards education and welfare.
- Disregard local customs during festivals: Nepal celebrates numerous vibrant festivals throughout the year. If you happen to be in the country during a festival, be mindful of local customs and practices. Avoid behaviors that may disrupt or disrespect the festive atmosphere and follow instructions from locals or authorities.
- By adhering to these do's and don'ts, you will have a more respectful and culturally immersive experience during your visit to Nepal.

Things to know

- Rate is valid for Asian / European/American passport holders and till 31 Dec 2024.

- Above rates is inclusive of applicable 13% vat.
- Time for check-in 14:00 & checkout 12:00.
- No supplementary charges on transportation.
- Accommodation in Kathmandu Nagarkot Pokhara Chitwan star category as mention on tour. However, we used to match similar category in other destinations as well.
- Vehicle will not be at disposal but will perform activities as per the package inclusions on point to point basis.
- All sightseeing cover by walk, vehicle will go to approachable point, please update to guest in advance.
- We are not providing vehicle for night travel.
- Official escort/ guide will accompany along the trip.
- Please note we offer rates as per current fuel situation, if any major changes in fuel or costing will be effect on given cost, even after booking.
- Driver will be acquainted with the local language only